

# THE STABLE MENU

est 1996 • charity-run café & community space

## LUNCH MEALS

### STABLE SPECIALS

made in house • fresh & from scratch each week

#### LASAGNE

a hearty, cheesy beef lasagne cooked in red wine, herbs & spices served with a choice of chunky chips or mixed salad

9

#### COTTAGE PIE

minced beef, carrots, onions & topped with creamy mashed potatoes. baked until golden with mixed vegetables & gravy

9

#### QUICHE OF THE DAY

freshly cooked, original stable recipe quiche  
add a small side of chips or salad + 2

4

#### JACKET POTATO & SALAD

choose multiple fillings:  
tuna mayo, cheese, beans, ham or bacon +1 each

6

#### HAM EGG & CHIPS

a British classic featuring two slices of thick-cut premium gammon ham, crispy chunky chips, & sunny-side-up egg

8

#### SCAMPI & CHIPS

breadcrumb whole tails of scampi, chunky chips  
& peas served with tartare sauce

7

#### SAUSAGES EGG & CHIPS

two parsley & sage sausages, free range fried egg & chunky chips

7

#### BANGERS & MASH

two parsley & sage sausages fried with mashed potato,  
mixed vegetables & gravy

7

#### CHICKEN GOUJONS & CHIPS

southern fried chicken goujons served with chunky chips

7

#### EGGS & CHIPS

two free range feggs, cooked your way & chunky chips

5

#### LAMB SHANK

our premium special lamb shank is served alongside herby potatoes,  
mixed vegetables & mint & rosemary gravy

11

#### SOUP

carrot & coriander served with a choice of bread & butter

4

#### ADD ONS

MIXED SALAD MIXED VEGETABLES  
PEAS GRAVY

2

1

If you have a food allergy or special dietary requirement, please inform staff before ordering!

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